

## D6.4 6<sup>th</sup> EUROPE article

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<b>Author</b>	Ruta Grigaliunaite
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## Free Seminar on Social Inclusion and Tolerance

Education as Key to Social Inclusion

15th May 2018, Utrecht, The Netherlands

We are pleased to invite you to attend the seminar on “**Social Inclusion and Tolerance - Education as key to Social Inclusion**” that will take place on **May 15<sup>th</sup> 2018 at 1.30 pm** at the Cursus en Vergadercentrum Domstad – Utrecht University of Applied Science, Koningsbergerstraat 9 – Utrecht, The Netherlands.

The purpose of this special event is to present the first results of the “EUROPE” project (Ensuring Unity and Respect as Outcomes for the People of Europe), coordinated by Foundation Villa Montesca and co-funded by the Erasmus+ Programme of the European Union.

The **EUROPE project** uses an innovative approach for inclusive education: the Quiet Time based on Transcendental Meditation Programme for schools. This new approach to improve social inclusion, is based on an initiative started at **primary and secondary schools**. The objective is to make young people more tolerant and open to cultural, ethnic and religious differences, in order to improve social cohesion within the European Union. Furthermore, the project supports teachers and educators in handling conflicts and dealing with diversity.

In this seminar, initial scientific results of the EUROPE project will be presented and teachers from participating schools throughout Europe will share their experiences. Don't miss the chance to attend this special event with speakers from Italy, the Netherlands, Portugal, Sweden and the UK.

The project, which involves a total of 12 partner organisations, is co-funded by the Erasmus+ Programme **Key Action 3 – Initiatives for policy innovation – Social inclusion through education, training and youth**.

Look at the **EUROPE website (europe-project.org)** and follow us on **EUROPE Facebook** to get first-hand updates and news about the EUROPE project and the Quiet Time/TM programme and activities in different schools across Europe. Also you can send an email to Mrs Nicoleta Susanu at [europrojects@montesca.it](mailto:europrojects@montesca.it) to learn more about the project.

Detailed agenda of the seminar you can find here below.

**You are very welcome to attend this free seminar and understand how the Quiet Time based on Transcendental Meditation Programme can improve social inclusion for your school and for society.**

Please register your participation at the earliest possible convenience at the following link:

[www.social-inclusion.nl](http://www.social-inclusion.nl)



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## AGENDA

<p><b>13.30 – 13.40</b></p>	<p>Welcome and introduction by the Chairman <b>Dr. Ashley Deans</b> - <i>Professor of Education and Physics</i></p>
<p><b>13.40 – 13.55</b></p>	<p><b>Dr. Fabrizio Boldrini</b> — <i>Director “Hallgarten-Franchetti Centro Studi Villa Montesca” Foundation</i></p> <p>Background of the call: Preventing violence, radicalization and Promoting Social inclusion - the EU Policy context</p>
<p><b>13.55 – 14.25</b></p>	<p><b>Dr. Raymond Slot</b> — <i>Professor at the Utrecht University of Applied Science</i></p> <p>- EUROPE Project: Introduction and objectives. 10 min. Video: experiences of Teachers and Students applying the Quiet Time / Transcendental Meditation Programme in a school in Portugal - Research background and Empirical design</p>
<p><b>14.25 - 14.55</b></p>	<p><b>Presentation of the first scientific results of the EUROPE project</b></p> <p><b>Dr. Luís Sérgio Vieira</b> — <i>Professor at the University of Algarve - Faculty of Human and Social Sciences – Department of Psychology and Educational Sciences</i></p> <p><b>Dr. Joana Conduto Vieira Dos Santos</b> — <i>Professor at the University of Algarve - Faculty of Human and Social Sciences, Department of Psychology and Educational Sciences</i></p>
<p><b>14.55 – 15.10</b></p>	<p>Q&amp;A session</p>
<p><b>15.10 – 15.30</b></p>	<p><b>Coffee break</b></p>
<p><b>15.30– 16.05</b></p>	<p><b>Field experiences</b></p> <p><b>Mr. Paulo Côrte-Real MA and Ms. Teresa Palaré</b> — <i>School teachers, coordinators of the Quiet Time/Transcendental Meditation Programme at the Alberto Iria school, participating in the EUROPE project -</i></p>



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	<p><i>Portugal</i></p> <p>Testimonial from Alberto Iria School in Algarve, Portugal, implementing the Quiet Time / Transcendental Meditation Programme – Effects on the school and Synergies with other programmes at National level including TEIP programme and UNESCO group of schools.</p> <p><b>Lena Karlsson</b> — <i>Principal of the Välkomstcentrum (school) participating to the EUROPE project- Borlänge kommun - Sweden</i></p> <p>A welcome school for migrants implementing the Quiet Time / Transcendental Meditation Programme in the context of the EUROPE project: experiences of school leadership and students</p> <p><b>Dr. Derek Cassels</b> — <i>Former principal of Maharishi Free-School Skelmersdale - UK</i></p> <p>Experiences from the school in Skelmersdale UK implementing the programme since more than 30 years</p>
<b>16.05 – 16.15</b>	<p><b>Implementation Coordinators</b> — <i>EUROPE project</i></p> <p>What interested schools need to do What schools can expect from the programme Invitation to schools to join the project</p>
<b>16.00 – 16.15</b>	<p><b>Dr. Raymond Slot:</b> Steps forward Closing Remarks by the Chairman <b>Dr. Ashley Deans</b></p>
<b>16.30 – 17.15</b>	<p>Networking and Drinks</p>

## THE VENUE

**Cursus en Vergadercentrum Domstad  
Utrecht University of Applied Science**

Koningsbergerstraat 9

3531 AJ Utrecht – The Netherlands

Phone: +31 30 – 29 27 777

Website: <http://www.accommodatiedomstad.nl/>



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